



The Connection Alchemist
Social & Digital Wellbeing Advocate
Speaker | Facilitator | Podcaster

Shelley is dedicated to helping people feel connected. Combining the latest science on Social & Digital Wellbeing with two decades in corporate communications, to deliver mind-shifting talks, workshops, and coaching programs around the world

Shelley typically supports remote and hybrid teams, who are navigate the shift to remote work, helping them to authentically connect, in life - work and play. To harness the power of Social & Digital Wellbeing.

2024 OFFERINGS

Beyond Screens: Navigating Social Connectivity in the Digital Age

Keynote (45-60 mins)

Workshop (90 mins)

Lonely at the Top

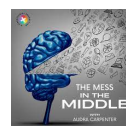
Leadership Circles (90 mins)

Team Retreats (5 hours)

AS SEEN IN



Authority Magazine



THEMES

- The Science of Social & Digital Wellbeing
- Overcoming obstacles to connect (or disconnect).
- Strategies to connect (or disconnect).
- Embracing social media, AI & the Metaverse to enhance (and not replace) meaningful connection.

WHAT TO EXPECT

- A research-backed talk, workshop, or circle, with tools and strategies to support social and digital wellbeing.
- Games and exercises to practice and embed these strategies.

*More
info*



CLIENT FEEDBACK

"I've known and admired Shelley for a couple of decades now. I've followed Shelley's career and journey and always kept a close eye on what she would take by the horns and run with. Whatever Shelley has done has always been something to watch closely. But never more so than her new training and coaching program."

Jessica Harrison-Bolton


Creative Director IBM



 /shelleydoyle

Get in Touch!

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